

How general is the nucleation–condensation mechanism?

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ABSTRACT

We investigate the structures of the major folding transition states of nine proteins by correlation of published Φ -values with inter-residue contact maps. Combined with previous studies on six proteins, the analysis suggests that at least 10 of the 15 small globular proteins fold via a nucleation–condensation mechanism with a concurrent build-up of secondary and tertiary structure contacts, but a structural consolidation that is clearly nonuniformly distributed over the molecule and most intense in a single structural region suggesting the occurrence of a single folding nucleus. However, on average helix- and sheet-forming residues show somewhat larger Φ -values in the major transition state, suggesting that secondary structure formation is one important driving force in the nucleation–condensation in many proteins and that secondary-structure forming residues tend to be more prominent in folding nuclei. We synthesize the combined information on these 10 of 15 proteins into a unified nucleation–condensation mechanism which also accounts for effects described by the framework, hydrophobic collapse, zipper, and funnel models.

Proteins 2008; 73:754–764.
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Key words: protein folding; Φ -value analysis.

INTRODUCTION

In previous studies, we have shown that at least five of the six proteins Arc repressor, barnase, barstar, CI2, Src SH3 domain, and p53 fold via a nucleation–condensation mechanism with a preference for residues belonging to regular secondary structure in the folding nuclei.^{1–4}

In this mechanism (Figure 1),^{1,5–11} the folding reaction is initiated by the formation of a nucleus which has a marginal stability because of the presence of some correct secondary and tertiary structure interactions. The nucleus is then able to serve as a template for the rapid condensation of further structure around it. In this way, it dramatically reduces the number of conformations which have to be sampled in the folding reaction which otherwise would be astronomically large. For a purely random sampling mechanism, roughly 10 conformations per amino acid residue would have to be sampled, corresponding to roughly 10^{100} conformations for a 100-residue protein. Clearly, this would not be possible within a reasonable amount of time.

This contradiction between an astronomically large time required for a randomly sampling of the roughly 10^{100} conformations and the experimentally observed folding rate constants of typically microseconds, see for example, Refs. 12–14, to minutes is known as the Levinthal paradox.¹⁵ Importantly, the nucleation–condensation mechanism provides folding rate constants in agreement with the observed ones^{16–18} and so can resolve the Levinthal paradox.

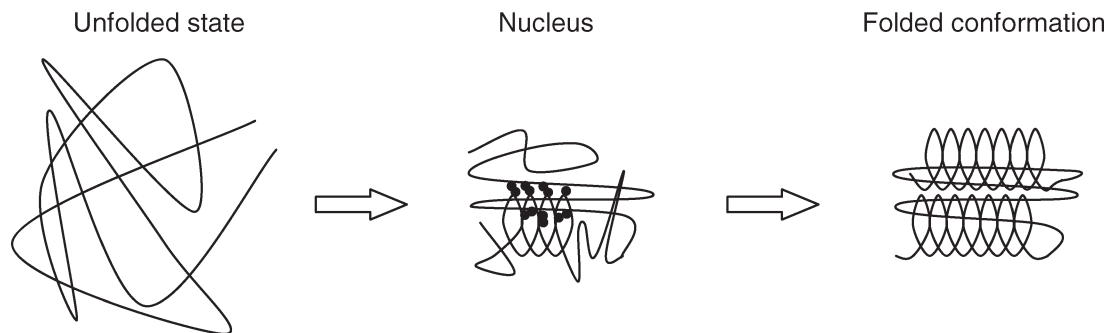
An essential feature of the nucleation–condensation mechanism is the concurrent formation of secondary and tertiary structure interactions. This contrasts the framework model^{19–25} which involves a hierarchical assembly of structure where secondary structure elements, guided by local contacts, are initially formed independently of tertiary structure. These secondary structure elements are then thought to coalesce into the native tertiary structure. The nucleation–condensation mechanism differs also in a similar way from the hydrophobic collapse model^{24,26–32} which is characterized by an initial collapse of the molecule driven by the hydrophobic effect. The native elements of secondary structure are then thought to form in the collapsed state by structural rearrangement. Two further important models, the zipper model^{33,34} and funnel model^{35–48} emphasize zipper-like folding processes and parallel pathways of folding, respectively.

Here, we address the following question: how general is the nucleation–condensation mechanism in protein folding? For this purpose, we investigate further nine proteins by correlation of published Φ -values ($\Phi_{\#}$) for the major transition states, #, with inter-residue contacts (spectrin R16 domain, apo-azurin, cold shock protein B (cspB), C-terminal domain of ribosomal protein L9 (CTL9), the FK506 binding protein

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Received 12 November 2007; Revised 25 February 2008; Accepted 25 March 2008

Published online 22 May 2008 in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/prot.22099

**Figure 1**

Nucleation–condensation mechanism of protein folding^{1,5–11}: folding is initiated by the formation of a folding nucleus which has some correct secondary and tertiary structure interactions so that further structure can rapidly condense onto this nucleus. This nucleus with marginal stability dramatically reduces the number of conformations which have to be sampled in the following folding steps.

FKBP12, colicin E7 immunity protein 7 (IM7), colicin E9 immunity protein 9 (IM9), spectrin R17 domain, and ubiquitin). At least five of the nine proteins are found to contain one folding nucleus, but do not appear to have multiple nuclei. In the remaining four proteins (spectrin R16, apo-azurin, FKBP12, IM7), the structural consolidation in the major transition state appears to have progressed beyond initial nucleation.

For some of these proteins, the consistency of the folding behavior with a nucleation–condensation mechanism has previously been shown at the level of single amino acid residues, for example, for FKBP12,⁴⁹ CTL9,⁵⁰ and ubiquitin.⁵¹ Since the possibility of a switch from a nucleation–condensation mechanism to a framework model has been discussed,⁵¹ we analyze the relation between secondary and tertiary structure build up. As in the six previously investigated proteins,⁴ the build-up of secondary and tertiary structure contacts in these nine proteins also occurs concurrently or almost concurrently.

However, we show that residues belonging to helices and sheets have on average a somewhat higher $\Phi_{\#}$ than residues belonging to loops and turns suggesting helix and sheet formation as an important driving force of folding in at least some proteins as predicted in the framework model.^{19–25} Apparently, at least some of the nine proteins display both nucleation–condensation and framework-like properties (in the sense of a higher fraction of secondary structure-forming residues in the folding nuclei) during their folding.

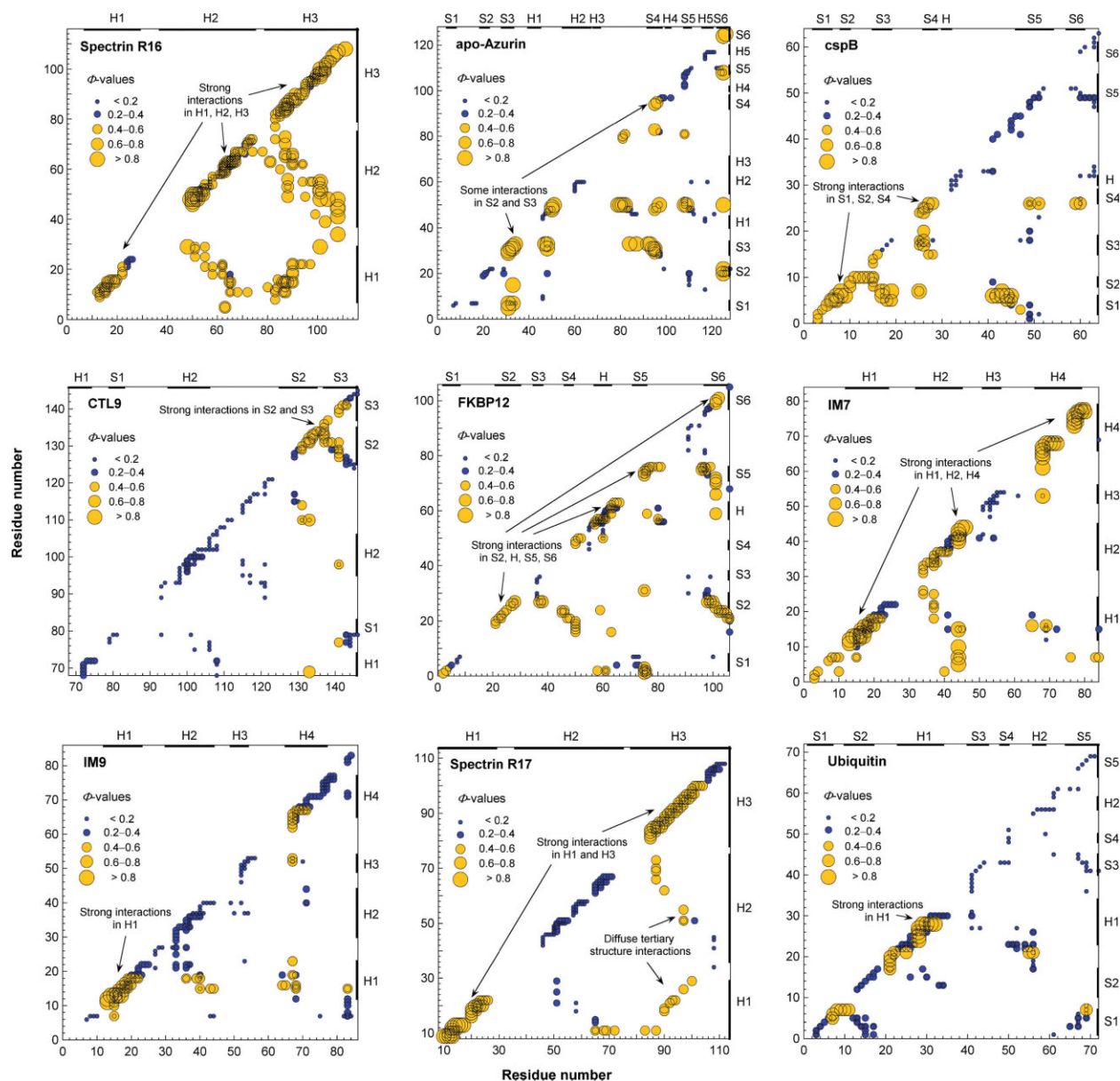
Furthermore, previous studies have shown that folding is generally connected with a significant decrease of size (e.g., Refs. 1, 52, and 53) largely driven by the hydrophobic effect as predicted in the hydrophobic collapse model.^{24,26–32} However, this would be a feature of all the models.

We resolve the seemingly contradictions between the different folding models by a synthesis of a unified nucleation–condensation mechanism which now takes into

account also the other properties usually attributed to different folding models. Each model describes important aspects of the folding reaction, whereas the nucleation–condensation mechanism explains well the extreme speed and efficiency of folding.

METHODS

Briefly, the principle of operation of Φ -value analysis, pioneered by Alan Fersht and coworkers (see e.g., Refs. 1, 3, 8, 54–60) for the major folding transition state, $\#$, is as follows: In the course of the folding reaction, an energy difference builds up between mutant and wild type protein. The unfolded state is taken as the reference state, and in the folded state this energy difference is defined as $\Delta\Delta G_{F-U}$. It can be measured by kinetic methods if all kinetic phases can be detected and it can also be measured by equilibrium thermodynamics methods. The build up of this energy difference in $\#$ is defined as $\Delta\Delta G_{\#-U}$. The Φ -value of $\#$ is the ratio $\Phi_{\#} = \Delta\Delta G_{\#-U} / \Delta\Delta G_{F-U}$. It describes the degree of structural consolidation in $\#$ on a relative scale at the position of the mutation. By measuring $\Phi_{\#}$ for many mutants, the structure of $\#$ can be mapped out. For more details on the mathematical relations and methods of measurement and interpretation of Φ -values, also for other transition states and intermediate states in multi-state transitions, see for example, Ref. 3. The correlation of Φ -values with inter-residue contact maps (see e.g., Ref. 3) can be used for further enhancement of the resolution of this method. Briefly, the Φ -values are assigned to the contacts predicted to be mainly altered by mutation. This causes a statistical significance of the data points in the Φ -value-correlated inter-residue contact maps. Usually at least six data points in one structural region in these maps (see Fig. 2) have to be considered to enable a statistically significant conclusion for one structural element (see e.g., Ref. 3).

**Figure 2**

Φ -value-inter-residue contact maps for the major folding transition states of spectrin R16 domain, apo-azurin, cold shock protein B (cspB), C-terminal domain of ribosomal protein L9 (CTL9), FKBP12, colicin E7 immunity protein 7 (IM7), colicin E9 immunity protein 9 (IM9), spectrin R17 domain, and ubiquitin. For the Φ -values see Table I.

Interpretation of whole and fractional Φ -values

The structural interpretation of different magnitudes of Φ -values has been extensively published, see for example, Refs. 54 and 61. Briefly, Φ -values near 0 for a cluster of mutations show the absence of significant structural consolidation in this cluster, while Φ -values near 1 for a cluster show the presence of a significant structural con-

solidation at about the level of native (fully folded) consolidation.

If one obtains fractional Φ -values with a magnitude between 0 and 1 for a large set of different mutants, the fractional Φ -values typically correspond to a partial formation of structure. This is because the alternative interpretation of fractional Φ -values—the occurrence of a mixture of structures and parallel folding pathways—

would usually lead to a deviation of the kinetic trace from a single-exponential shape for a certain reaction step. Many experimental studies support the interpretation of fractional Φ -values toward a partial formation of structure (see e.g., Refs. 61–63).

However, given the experimental error, practically sometimes parallel folding pathways cannot be resolved kinetically even if many different mutants are measured, for example, because the difference of rate constants between the different pathways is only small. The superposition of two or more single-exponential traces is sometimes quite difficult to distinguish from a single exponential trace of the reaction kinetics. In this case, the reaction kinetics can often approximately be analyzed with a simplified kinetic scheme and the (seemingly) fractional Φ -values then have to be interpreted as an occurrence of a mixture of structures that often also only have a partial formation of interactions (see e.g., Ref. 64). Especially, for very early folding events with low structural consolidation, some degree of parallel pathways is predicted and sometimes observed experimentally. When free energy barriers become small, the analysis may encounter the difficulty of limited precision of experimental resolution of a possible superposition of reaction kinetics and limited precision of the determination of small differences of relative free energies. For example, for some, but not all, ultrafast folding events, the transition state barrier under some experimental conditions is so low that folding may approximately be considered as approaching a downhill process (for details on downhill folding see e.g., Refs. 12–14 and 65–78. In this study, we did not include the (sometimes more difficult) analysis of folding events prior to the major folding transition state and of ultrafast folding proteins. For the Φ -values for the major transition states, $\Phi_{\#}$, only data from mutants with free energy changes on mutation in the folded state compared to the unfolded state $\Delta\Delta G_{F-U} > 0.5$ kcal mol⁻¹ were used, although mutants with a smaller $\Delta\Delta G_{F-U}$ may also provide useful information (see e.g., Ref. 60).

For the interpretation towards a nucleation–condensation mechanism, both interpretations of high fractional Φ -values yield almost similar results: in one case high fractional Φ -values for a cluster of mutations would indicate the involvement of the interactions probed into folding nucleation for almost all molecules, in the other case it would indicate an (even stronger) involvement of the interactions probed into folding nucleation for a significant fraction of the protein molecules.

Analysis of the nine proteins

The $\Phi_{\#}$ for spectrin R16 domain,⁷⁹ apo-azurin,⁸⁰ cold shock protein B (cspB,⁸¹), C-terminal domain of ribosomal protein L9 (CTL9,⁵⁰), FKBP12 (Ref. 49), colicin E7 immunity protein 7 (IM7,⁸²), colicin E9 immunity protein 9 (IM9,⁸³), spectrin R17 domain,⁸⁴ and ubiqui-

tin⁵¹ summarized in Table I, were assigned to inter-residue contacts (see Fig. 2) as described in Ref. 2. The major transition state for folding is defined here as the second transition state, #2, for the three-state folders, including for spectrin R16 domain in which #2 is energetically lower but has significantly higher structural consolidation than #1.⁷⁹ The error of >95% of the Φ -values used is estimated to be below ± 0.2 .

The contacts for Figure 2 and Table III were calculated with a C++ program with a cut-off of 4 Å without taking into account the hydrogen atoms and by using the pdb files given in the sources cited above.

RESULTS AND DISCUSSION

Given the remarkable range in folding rates from ultrafast-folding proteins and peptides with very low transition state barriers, (e.g., a 16-residue hairpin with a folding rate constant of 170,000 s⁻¹,^{85,86} to kinetically trapped proteins with very high transition barriers such as α -lytic protease (folding rate of $\approx 10^{-11}$ s⁻¹),^{87–91} it is important to know more about the mechanism of protein folding.

Correlation of Φ -values for the major transition state with inter-residue contacts

The data for this analysis are summarized in Table I. Figures 2 and 3 show the inter-residue contact maps and the structural consolidation in the nine proteins, respectively. In the following H, H1, H2,.. indicate helices and S1, S2,.. strands of sheets. Folding nuclei can be identified in these maps by (i) a significantly higher structural consolidation in a certain region of the structure and (ii) the concurrent formation of secondary and tertiary structure contacts.

Spectrin R16

The protein is highly consolidated essentially everywhere including the three helices (Figs. 2 and 3). No folding nucleus can be detected. However, the intermediate of this three-state folder shows indication of folding nucleation in and around H3 (not shown). With an average Φ -value of 53% this α -helical protein has the largest overall $\Phi_{\#}$ in this set of nine proteins (Table II).

Apo-Azurin

The strongest consolidation is observed in and around S3 with some diffuse contacts to S4–S6 (Figs. 2 and 3). Overall the structural consolidation is 43% (Table II).

cspB

A clear nucleus is observed involving S1, S2, and S4 (Figs. 2 and 3). No significant structural consolidation is observed in H, S5, and S6.

Table 1

Φ -Values of the Major Transition State for Folding ($\Phi_{\#}$) for Different Mutants (mt) of the Nine Proteins of this Study^a

mt	$\Phi_{\#}$	mt	$\Phi_{\#}$	mt	$\Phi_{\#}$	mt	$\Phi_{\#}$
spectrin R16		cspB		VA55 fk	0.12	LA52 in	0.03
FL11 sp	0.40	LE3 cs	0.44	IA56 fk	0.21	IV53 in	0.07
FA11 sp	0.40	KA5 cs	0.78	IT56 fk	0.17	IV67 in	0.41
LA11 sp	0.40	VT6 cs	0.93	ID56 fk	0.08	VA68 in	0.23
RG13 sp	0.50	KA7 cs	0.90	RA57 fk	0.42	VA71 in	0.36
MA15 sp	0.60	NA10 cs	0.80	RG57 fk	0.09	AG76 in	0.37
DG16 sp	0.50	FA15 cs	0.53	EA60 fk	0.13	AG77 in	0.37
IV22 sp	0.40	FA17 cs	0.09	EG60 fk	0.06	FA83 in	0.31
IA22 sp	0.40	IV18 cs	0.11	EA61 fk	0.10	spectrin R17	
VA22 sp	0.50	DA25 cs	0.47	EG61 fk	0.25	QG9 sr	0.90
EG24 sp	0.20	VT26 cs	0.72	VA63 fk	0.49	FL11 sr	0.50
HA48 sp	1.00	AG32 cs	0.14	TA75 fk	0.34	AG13 sr	0.90
RG50 sp	1.00	IA33 cs	0.01	TV75 fk	0.70	AG20 sr	0.80
LA51 sp	0.40	LA41 cs	0.36	IV76 fk	0.57	IV22 sr	0.50
AG53 sp	0.20	QA45 cs	0.26	IA76 fk	0.51	IA22 sr	0.50
LA55 sp	0.40	FA49 cs	0.28	IA91 fk	0.00	KG46 sr	0.10
AG57 sp	0.10	FL49 cs	0.16	LA97 fk	0.16	AG50 sr	0.10
HA58 sp	0.40	IA51 cs	0.13	VA98 fk	0.31	FL51 sr	0.20
IA62 sp	0.50	AG60 cs	0.14	VA101 fk	0.61	VG57 sr	0.00
VA62 sp	0.30	VA63 cs	0.14	LA106 fk	0.34	HA58 sr	0.10
QA63 sp	0.50	CTL9		IM7		VA65 sr	0.30
QG63 sp	0.80	LA72 ct	0.29	LA3 im	0.49	AG67 sr	0.20
VA65 sp	0.30	IA79 ct	0.13	IV7 im	0.53	AG85 sr	0.80
DG67 sp	0.50	IA93 ct	0.08	AG13 im	1.27	MA87 sr	0.50
KG71 sp	0.30	IA98 ct	0.09	FA15 im	0.27	LA90 sr	0.50
LA72 sp	0.50	EG100 ct	0.23	VA16 im	0.70	GA92 sr	0.60
IA83 sp	0.50	EA100 ct	-0.02	LA18 im	0.50	SG95 sr	0.60
VA83 sp	0.40	LA102 ct	0.19	LA19 im	0.32	LA97 sr	0.40
QG85 sp	0.50	HQ106 ct	0.04	IV22 im	0.24	AG100 sr	0.60
LA87 sp	0.60	LA108 ct	0.02	LA34 im	0.47	AG106 sr	0.30
AG88 sp	0.70	LA110 ct	0.05	LA37 im	0.48	LA108 sr	0.00
FA90 sp	0.70	IA115 ct	0.03	LA38 im	-0.01	ubiquitin	
KG95 sp	0.40	LA117 ct	0.13	FL41 im	0.24	IV3 ub	0.08
LA97 sp	0.30	IA121 ct	0.07	VA42 im	-0.24	IA3 ub	0.34
QG99 sp	0.40	VA129 ct	0.23	IV44 im	1.00	VA5 ub	0.32
AG101 sp	1.50	VA131 ct	0.59	TS51 im	-0.07	TA7 ub	0.67
AG103 sp	0.80	LA133 ct	0.63	LA53 im	-0.01	IV13 ub	-0.09
DG106 sp	0.90	HQ134 ct	0.55	IV54 im	0.13	IA15 ub	0.24
LA108 sp	1.00	VA137 ct	0.46	IV68 im	0.85	LA115 ub	0.35
		LA141 ct	0.45	VA69 im	0.03	VA17 ub	0.33
azurin		VA143 ct	0.22	AG77 im	0.86	DN21 ub	0.71
IA7 az	0.10	HQ144 ct	-0.07	AG78 im	0.77	TA22 ub	0.33
IA20 az	0.27	VA145 ct	0.19	IM9		IA23 ub	0.19
VA22 az	0.18	FKBP12		IV7 in	0.15	IG23 ub	0.34
VA31 az	0.93	VA2 fk	0.55	AG13 in	0.97	VA26 ub	0.30
LA33 az	0.91	VA4 fk	0.39	FA15 in	0.57	KA27 ub	-0.21
HG46 az	0.10	IV7 fk	0.16	LA16 in	0.52	AG28 ub	1.17
WA48 az	0.23	TA21 fk	0.44	LA18 in	0.40	IV30 ub	0.17
LA50 az	1.04	TS21 fk	0.55	VA19 in	0.32	IA30 ub	0.26
VG60 az	0.18	VA23 fk	0.55	IV22 in	0.31	QA41 ub	-0.34
IA81 az	0.52	VA24 fk	0.44	TS27 in	0.12	LA43 ub	-0.08
VA95 az	0.63	TA27 fk	0.38	LA33 in	0.27	LA50 ub	-0.15
FA97 az	0.35	TS27 fk	0.63	LA36 in	0.25	LA56 ub	0.09
YA108 az	0.37	FA36 fk	-0.08	VA37 in	0.15	IV61 ub	-0.08
FA110 az	0.19	LA50 fk	0.46	FL40 in	0.01	IA61 ub	-0.06
HG117 az	0.10					LA67 ub	-0.07
LA125 az	0.81					LA69 ub	0.01

^a Φ -values were taken from or calculated from data from the references given in the *Methods* section. Code of proteins: spectrin R16 domain, sp; apo-azurin, az; cold shock protein B, cs; CTL9, ct; FKBP12, fk; IM7, im; IM9, in; spectrin R17 domain, sr; ubiquitin, ub.

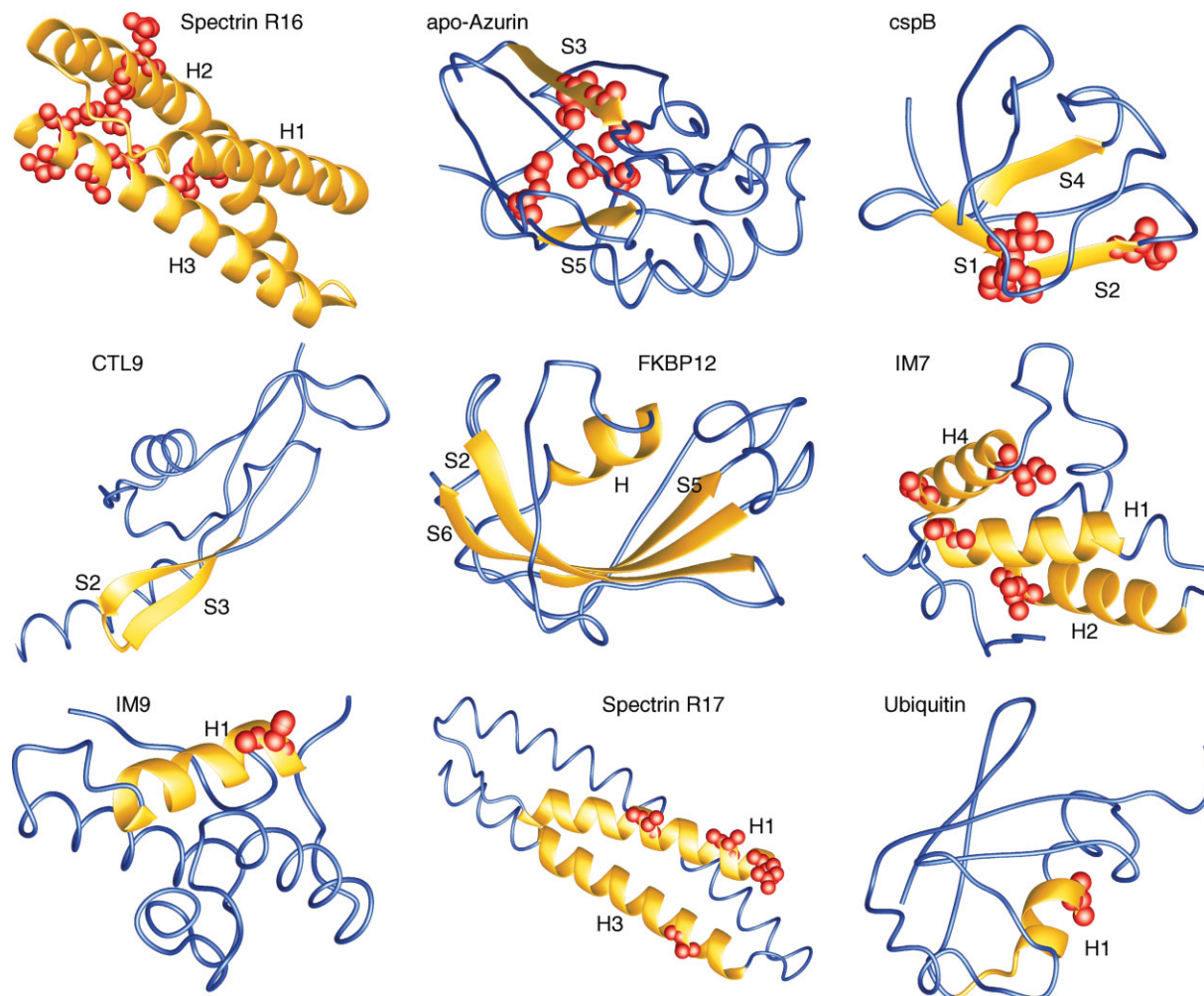


Figure 3

Structural consolidation in the major transition states, #, of the nine proteins as indicated. Significantly consolidated parts of the molecules are shown as yellow ribbons. Residues with $\Phi_{\#} > 0.8$ are highlighted as spheres. Blue parts shown as wires have no fixed structure in #. The figure was prepared with MOLMOL.⁹²

CTL9

Overall this has one of the most weakly consolidated transition states with an average $\Phi_{\#}$ of 0.21 (Table II). However, a very clear clustering of some highly consolidated parts involving the S2-loop-S3 motif is observed (Figs. 2 and 3).

FKBP12

The folding appears to have progressed already beyond initial nucleation. Strong interactions in the molecule are observed in and between many residues of S2, H, S5, S6 (Figs. 2 and 3). The average consolidation is relatively weak; however, only 33% (Table II).

IM7

Also here many parts of the molecule are significantly consolidated, in particular many residues in H1, H2, and

H4 show a $\Phi_{\#}$ above 0.8 (Figs. 2 and 3). The overall consolidation is accordingly high: 42% (Table II).

IM9

A very nonuniform consolidation involving H1 with some diffuse tertiary structure contacts to some residues in H4 is observed (Figs. 2 and 3). The mean $\Phi_{\#}$ is only 0.31 (Table II).

Spectrin R17

This helical protein with a large structural similarity to spectrin R16 shows a very strong consolidation in and between H1 and H3, but much weaker in H2 (Figs. 2 and 3). Also overall its $\Phi_{\#}$ is lower than that of spectrin R16: 0.43 (Table II).

Table IIAverage Structural Consolidation in the Major Folding Transition States at Different Locations of Mutations, as Judged by the Φ -values^a

Protein	Whole molecule	Average $\Phi_{\#}$				Coverage (%) ^b
		Helices and sheets	Loops and turns	Chain length		
Spectrin R16	0.53 ± 0.04	0.53 ± 0.04	–	116	27	
apo-Azurin	0.43 ± 0.08	0.45 ± 0.09	0.31 ± 0.63	128	13	
cspB	0.39 ± 0.07	0.37 ± 0.09	0.42 ± 0.12	67	27	
CTL9	0.21 ± 0.04	0.26 ± 0.06	0.06 ± 0.06	92	23	
FKBP12	0.33 ± 0.04	0.36 ± 0.04	0.22 ± 0.14	107	21	
IM7	0.42 ± 0.09	0.41 ± 0.09	0.51 ± 0.10	87	24	
IM9	0.31 ± 0.05	0.33 ± 0.05	0.15 ± 0.05	86	23	
Spectrin R17	0.43 ± 0.06	0.43 ± 0.06	–	116	18	
Ubiquitin	0.19 ± 0.07	0.19 ± 0.07	0.22 ± 0.19	76	26	
Overall ^c	0.36 ± 0.04	0.37 ± 0.03	0.27 ± 0.06	–	–	

^aData were taken from or calculated from data from the references given in the *Methods* section. Spectrin R16 domain, spectrin R17 domain, and IM7 fold via a three state mechanism where the second transition state is the major transition state considered here. apo-Azurin, CTL9, FKBP12, IM9, cspB, and ubiquitin, fold via a two state mechanism.

^bCoverage (%) of the probed amino acids in the sequence.

^cAverage for the nine proteins.

Ubiquitin

The folding nucleus includes H1 and part of a neighbored loop (Figs. 2 and 3). Both have some diffuse tertiary structure interactions with residues of the first half of the sequence. The residues in the second half of the sequence, however, show consistently very low Φ -values. So the overall $\Phi_{\#}$ for this protein is only 0.19 (Table II).

Nucleation–condensation mechanism of folding

Key features of the nucleation–condensation mechanism (Fig. 1,^{1,5–11}) in particular, a highly nonuniform folding are found for at least five of these nine proteins: cspB, CTL9, IM9, spectrin R17, and ubiquitin (Figs. 2

and 3). Within the error, in all nine proteins the build-up of secondary structure contacts occurs concurrently or almost concurrently with the build-up of tertiary structure contacts (Table III) as predicted by the nucleation–condensation mechanism.

However, on average over the nine molecules, residues belonging to helices and strands show a larger $\Phi_{\#}$ than the rest of the molecules (Table II). This suggests that often secondary structure elements are more involved in early structural consolidation than, for example, loops. A similar finding was made for the six previously investigated proteins.^{3,4} Apparently, folding is often driven by secondary structure formation, but only in the presence of concurrent tertiary structure consolidation and stabilization.

On the other hand, apparently the nucleation–condensation process of at least some of the six previously and nine here investigated proteins also involves early funneling in the sense of multiple pathways as suggested by the funnel model^{35–48} and a decrease in molecular volume (see e.g., Refs. 1, 52, and 53) as suggested by the hydrophobic collapse model.^{24,26–32}

Table IIIComparison Between Average Consolidation of Secondary and Tertiary Structure Contacts in the Major Transition State^a

Protein	Average $\Phi_{\#}$	
	Secondary structure contacts ^b	Tertiary structure contacts ^c
Spectrin R16	0.53 ± 0.04	0.54 ± 0.05
apo-Azurin	0.40 ± 0.08	0.44 ± 0.08
cspB	0.40 ± 0.07	0.36 ± 0.07
CTL9	0.20 ± 0.04	0.22 ± 0.05
FKBP12	0.29 ± 0.04	0.36 ± 0.05
IM7	0.40 ± 0.09	0.38 ± 0.10
IM9	0.31 ± 0.05	0.26 ± 0.06
Spectrin R17	0.42 ± 0.06	0.36 ± 0.08
Ubiquitin	0.23 ± 0.07	0.10 ± 0.08
Overall ^d	0.36 ± 0.03	0.35 ± 0.04

^a Φ -values were taken from or calculated from data from the references given in the *Methods* section.

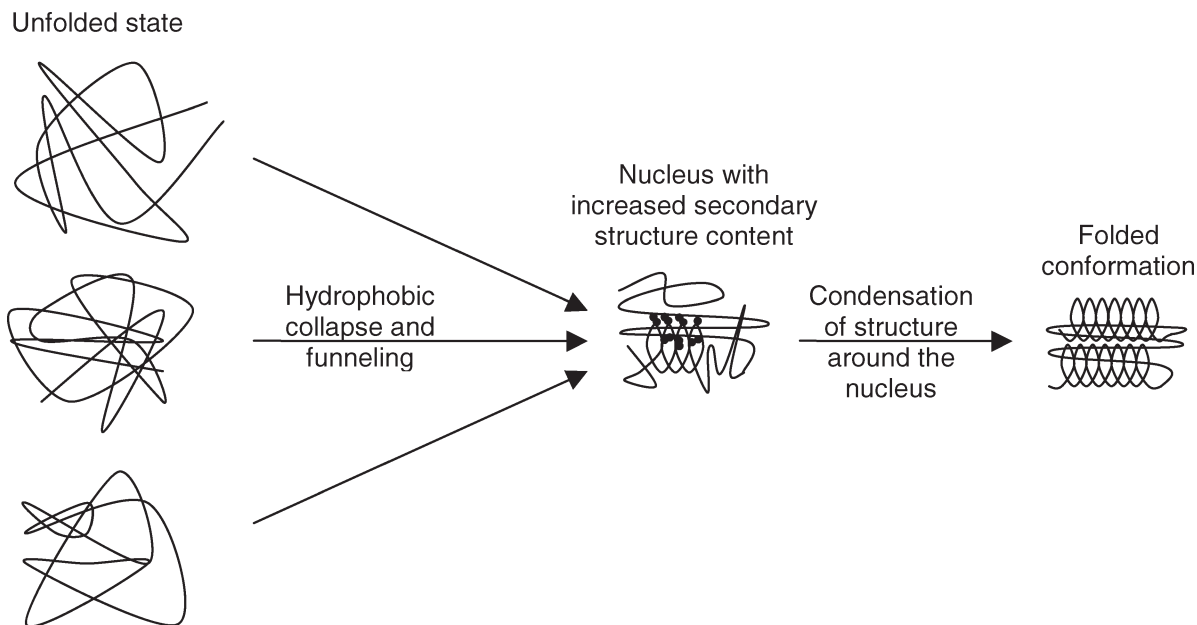
^bContacts between residue number n and $n \pm (1, 2, 3, 4)$ in the polypeptide chain.

^cContacts between residue number n and $n \pm (5, 6, 7, \dots)$.

^dAverage for the nine proteins.

Chemical models versus a landscape/ensemble picture

Nucleation–condensation, zipper, framework, and hydrophobic collapse models may be considered as chemical models involving well-defined states separated by significant barriers, while funnel models belong to a more general landscape/ensemble picture. The former models provide a mechanistic picture of folding motions, while the funnel model provides important thermodynamic insight into the process of change of an initially conformationally highly inhomogeneous ensemble (in the unfolded state and sometimes also in early transition states and intermediates) into the unique native confor-

**Figure 4**

Synthesis of the findings of the high resolution analysis of the folding pathways for at least 10 of the 15 proteins into a unified nucleation–condensation mechanism for two-state folding of small globular proteins: Early folding events are largely connected with a size decrease and funneling of different conformations into a folding nucleus which often has a larger fraction of secondary structure forming residues. The nucleus then catalyzes folding by enabling the condensation of further structure around it. Since the nucleus has only some degree of stability if it contains a sufficient number of correct secondary and tertiary structure interactions, it can very efficiently prevent a high degree of misfolding in the later stages of folding.

mation. According to the funnel model, proteins initially fold through multiple pathways which may sometimes involve intermediates. This view of protein folding is consistent with the mechanistic considerations of several other models, in particular of that of the framework model and the nucleation–condensation model: in the early stages the formation of secondary structure elements and folding nuclei has to be a somewhat inhomogeneous process with usually weak and fluctuating interactions since the unfolded state is a highly inhomogeneous and rapidly fluctuating state with very little free energy differences between many largely different conformations. Also, the early formation of highly stable interactions could potentially promote misfolding that could not easily be resolved in the later folding stages. This typical feature of folding was already realized in the early discoveries of nucleation–condensation processes (see e.g., Ref. 58) by the observation that the nucleus of the nucleation–condensation mechanism has usually only diffuse interactions with the rest of the molecule.

CONCLUSIONS

Combined with the information for six proteins in previous studies^{1–4} we find for the total of 15 proteins:

1. At least 10 proteins show a highly nonuniform degree of structural consolidation of different parts of the molecules in the major transition state for folding, have a well-defined folding nucleus, and appear not to have multiple nuclei. Nevertheless, these 10 proteins have a similar degree of formation of tertiary structure interactions compared to secondary structure interactions in # which suggests the concurrent formation of secondary and tertiary structure. However, apparently these 10 folding reactions are also characterized by some of the features described in the framework,^{19–25} hydrophobic collapse,^{24,26–32} zipper,^{33,34} and funnel^{35–48} models.
2. The structural consolidation of helices and sheets in the transition state is often somewhat higher than in the rest of the molecule (Table II,³) supporting some framework-like features of the nucleation of at least some proteins.
3. The hydrophobic effect is an important driving force for folding, and in the course of the folding reaction the diameter of the molecules shrinks significantly. Both features resemble properties described in the hydrophobic collapse model.
4. Folding may sometimes involve zipper-like processes.

5. Early stages of folding involve parallel pathways as sometimes observed by a slight deviation from a single-exponential folding kinetic trace supporting a funneling model for the early stages.

It should be noted that the previous models did not necessarily exclude other important factors besides the stated mechanisms. These findings are synthesized into a unified nucleation–condensation mechanism for folding of small globular proteins with two-state transitions (see Fig. 4) according to which:

- i. folding is initiated by the formation of a folding nucleus characterized by a significantly higher consolidation in a certain region of the structure of the molecule early in the reaction, but concurrent formation of secondary and tertiary structure,
- ii. the folding nucleus often contains a higher fraction of secondary structure-forming residues,
- iii. the formation of the nucleus involves a decrease of molecular volume largely driven by the hydrophobic effect,
- iv. very early folding events prior to nucleation involve multiple pathways, and
- v. zipper-like processes may be involved in the formation of the nucleus and later condensation of structure around the nucleus.

ACKNOWLEDGMENTS

Timothy Street is acknowledged for helpful discussions and proofreading the manuscript. D.A.A. was supported by the Howard Hughes Medical Institute.

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